

# 2017 NDCA Midwinter Conference

## Saturday, February 11, 2017

5:00 p.m. NDCA Executive Board Meeting – Executive Conference Room  
 6:00p.m. NDCA Board Meeting – Renoir/Russell Rooms  
 7:00p.m. NDCA & Divisions Board Training – Rembrandt Room – Richard Yep, ACA  
 Executive  
 Director

## Sunday, February 12, 2017

9:00 a.m. NDSCA Board Meeting – Van Gogh/Remington Rooms  
 10:00 – 4:30 Registration Open – Hotel Lobby  
 11:00 a.m. New NDCA Member Orientation – Renoir/Russell Rooms  
 11:00 a.m. NDSCA Advisory Luncheon – New York I Room  
 Noon – 5:00 Exhibits Open 2<sup>nd</sup> floor hallways  
 Noon – 7:00 Silent Auction Open –Executive Conference Room

**Noon Ballroom Welcome, Introductions, Announcements**

**12:30 Ballroom Opening Keynote: Dr. Samuel T. Gladding  
 “Imagination, Perspiration and the Process of being Creative in  
 Counseling”**

Being creative and innovative as a counselor begins with imagination and conceptualizing what can be. However, it takes dedication and often perspiration, to move from ideas into fostering an atmosphere that makes creativity and positive change possible. This keynote will focus on the process of being creative in a therapeutic setting with some guidelines on how helping professionals can improve their creativity and the creativity in the populations they serve through using the arts (e.g., music, movement, drama, visual art, writing)

**1:30 refreshments**

**Break - Visit the exhibits and enjoy some**

1:40 - 2:30

**CONTENT SESSIONS**

1. Rembrandt  
**Development  
Actions -** Samuel T. Gladding  
**Advancing Groups: Some Way to Facilitate the  
of Groups Tools, Rules &**  
Groups advance and become productive or they become stagnant and sick. Session will concentrate on how leaders can help groups develop in dynamic and healthy ways. Specific focus will be on what can be done to help the group stay fluid and focused and deal with difficult situations and members. Attention will be especially on working with counseling and task groups. Attendees will have an opportunity to become involved in simulated group experiences and observations.
2. Picasso  
**Themes through  
- Kristin Douglas** **Food for the Soul: Addressing Existential  
Creative Interventions**  
Common existential themes in our own lives as well as the lives of our clients include meaning and purpose; anxiety, challenges, and suffering; making sense of values and choices; taking responsibility for those choices; having authentic relationships with others; living life fully; and making sense of death. These themes can be difficult and at times intimidating to address in ourselves or in session with clients. Come learn various creative interventions that can be used to address existential themes in a safe and meaningful way.
3. DaVinci  
**Technology Cluster-** Linae Bieber  
**Career Advising for the Information**  
In 2016, nine out of the top ten “hot” careers reside in the Information Technology cluster. However, career professionals may not be aware of the training, experience and occupational networking needed to prepare today’s students for these opportunities. This session will present targeted information on new directions in the IT Cluster, post-secondary training available in ND and preliminary labor market information on these careers. Suggestions for career advising with IT – interested students will also be presented.
4. Wyeth/Rockwell  
**Dream It, Do It North Dakota -** Uma Hoffmann

Dream It, DO IT. North Dakota, launched by the GNDC in Fall 2015 is a campaign focused on connecting the future of Manufacturing in ND. Dream it, DO IT is an industry-specific career awareness program that works to change perceptions of manufacturing careers. The program connects manufacturers with students, parents and educators to showcase the career and salary opportunities in manufacturing fields. Dream it. DO IT. North Dakota is an opportunity for schools, families and the general public to collaborate for the future of manufacturing in North Dakota. Only 35% of parents say they would encourage their children to pursue careers in manufacturing, despite the advanced skills and high pay that are characteristic of work in today's advanced manufacturing industry.

5. Van Gogh/Rem.  
Eckmann

**100 minutes - Healthy Aging Survival Kit - Terry**

Embrace the many demands and challenges of your personal and professional life with a perspective that can enhance your working environment and your personal life. Survive the ups and downs of your world and thrive with tools and strategies that can make very day a great day. Thoughts and action plans that can make a difference in making your life journey both happy and healthy will be shared. Share them with your students to help them build lifelong skills. This session is "you time"! A humorous and thoughtful presentation based on a foundation of health and happiness research.

6. Renoir/Russell  
**Empowerment: A**  
Joy Marter

**How to Promote Confidence, Self-Esteem & Counselor's Toolkit -**

Participants of this workshop will learn counseling tools and techniques to instill a positive sense of self-worth in their clients. Presenter will explore how to help clients "turn down the volume" of their "inner critic" and put an end to self-sabotaging and self-limiting behaviors. Innovative methods to promote self-compassion, self-love and a healthy sense of self will be explored, along with dynamic case examples and interactive exercises. Participants will leave this inspirational workshop with a refreshed toolkit to be a positive support to

- their client's personal and professional development.
7. Liberty  
**Secondary Setting -**  
Grunig  
**Assessing and Relaying Student Needs in a**  
Krystal Haugen and Mitch
- Session will focus on a student needs assessment survey created by the Sheyenne High School Counseling Department. The survey is data driven and helps guide a fair portion of our programming. Tips on how to administer, analyze and address results with students will be offered. There will also be discussion on how to share out information to staff and administration.
8. Manhattan  
**Association &**  
Meidinger & Phil Leitner  
**What is the North Dakota School Counseling**  
**How Can it Help You? -** Becky
- Have you always wanted to know what it is like to be a part of the governing board of the NDSCA? Have you wondered how you could become a part of this fun group? Well, meet with two members of the NDSCA to learn ways you can become involved in this great organization while we celebrate the many facets of becoming a leader in School Counseling! New members are always welcome to join us to learn about what we do and how your ideas could help shape the future for our organization.
9. Hudson  
**Assessments -**  
Melissa Naslund & Dr. Joseph Engler  
**Best Practices in the Use of Suicide Risk**
- Session will provide school based mental health professionals an in-depth training on the importance of combating suicide within North Dakota's youth. ND has highlighted, through sustained funding of intervention programs, the need to address the growing concern of youth suicide across the state. Best practices support the utilization of suicide risk assessments within this process. This presentation will highlight important considerations in adopting suicide risk assessments as well as provide hands on practice in the administration and interpretation of these assessments. Case studies will be used to facilitate small and large group discussions regarding levels of risk and appropriate interventions
10. New York I  
Schumaker  
**WATCH D.O.G.S (Dads of Great Students) -** Keith

WATCH D.O.G.S. is an innovative program focusing on education and safety in schools by using the positive influence of fathers and father-figures to provide an unobtrusive fathering presence, and a positive and active role-model for students. Fathers, stepfathers, grandfathers and uncles are asked to spend at least one day volunteering. This program is a one of a kind school-based initiative building on the personal capital already available – fathers and father-figures of students. Every attendee will walk away with the 7 Steps to Success for launching the WATCH D.O.G.S. program in their school(s) to support education and school safety through positive male role models. Women and men should attend this session

11. New York II **100 minutes - Families and Schools Collaborating Together in the Event of a Student Death** - Lorraine Albrecht

Schools and families working together collaboratively throughout a student's long-term illness and death. How we can build a caring, empathetic community for not only the ill child, but for their peers. Will share components of the PREPaRE crisis curriculum and how to utilize it in the event of a student death.

**2:40 - 3:30**

## **CONTENT SESSIONS**

12. Rembrandt **Working with Transgender Youth-** Amy Geinert  
Knowledge regarding transgender terms and vocabulary will be shared along with current legislation related to transgender students and accessibility issues.
13. DaVinci **Career Guidance & Relevance of Career & Technical Education for YOUR Students** - Penny Belgarde

Career & Technical Education (CTE) creates an educational environment that combines core academics with real-world application that helps

- high school students develop the skills, technical knowledge, academic rigor and real-life experiences. Participants will learn the relevance of CTE and why career guidance towards CTE is an effective approach in delivering better outcomes of students, from 21<sup>st</sup> century skills, improved student achievement, and improved transition to post-secondary education, careers, or the workforce.
14. Wyeth/Rockwell **Elementary Sharing Session** - Joseph Paulus  
Elementary Counselors - bring your favorite lessons and share with others in the group. Sharing with your colleagues is the best way to gather great ideas!
15. Renoir/Russell  
Jason Marotzke **HRC Welcoming Schools Law & Policy Review-**  
  
Welcoming Schools is one of the few programs for the elementary schools that provides professional development and resources on: Embracing Family Diversity; Creating LGBTQ-Inclusive Schools; Preventing Bias-based Bullying and Gender Stereotyping; Supporting Transgender and Gender Expansive Students. The Welcoming Schools approach is grounded in research that links improved academic achievement and social-emotional well being with an inclusive school climate. This sessions will also include some of the laws and policies that support safe and welcoming schools.
16. Liberty  
**Treatment** **100 minutes - Sexual Offender Stigma and**  
  
Kori Small & Kylie Berger  
This session will address the stigmas and biases associated with living among and working with sexual offenders. Myths and empirically proven facts regarding the history and recidivism rates of sexual offences will be discussed; Indepth discussion regarding assessment and treatment in the prison  
Setting as well as in outpatient, community therapy settings. The program is intended to be informative and educational, but most importantly, an eye-opener to a population that is often looked down upon.
17. Manhattan  
**Virtual Career** **Social Media & Career Exploration: Creating a Portfolio** - Megan Grosz  
Session will explain how one counselor utilized Pinterest in the creation of career portfolios for

junior high and high school students. Participants will learn about the requirements for the project, basics about how to make pins, and how other social media can be used with Pinterest in the creation of a virtual career portfolio.

18. Empire **Applying for the US Military Academies** - John Wirries  
As a graduate of the US Naval Academy, I recall the process of applying was not simple. Decades later, it has become even more difficult. As a junior or senior in high school, few students can clearly state what they want to do in life. Yet at the same time, by the spring of their junior year, some opportunities are already shut to them. This presentation will provide information to counselors about the application process to a military academy. Included will be discussion of time lines, necessary steps, required recommendations and other preparatory work to apply.

19. New York I **Solution-Focused Approach to Identifying and Working with Students who Experience Suicide Ideation** - Carol Buchholz Holland  
Learn how the Solution-Focused approach to suicide intervention differs from traditional approaches. Gather information about how to use the Solution-Focused approach when identifying and working with students who experience suicide ideation. A case study will illustrate how this approach can help build hope and encourage solution-building activities.

**3:40 - 4:30 p.m.**

### **CONTENT SESSIONS**

20. Wyeth/Rockwell **Behavioral Health Integration in a Community Health Center: A Tale of Two Specialties** - Robin Landwehr/Christine Harsell  
Program will describe Behavioral Health Integration in a federally qualified health center from the perspective of the Behavioral Health Consultant who is an LPCC at the clinic, a primary care provider & a registered nurse. Will discuss utilization measures & how integration has improved our screening & treatment of disorders, such as depression. Will describe how behavioral health is also used to treat conditions like diabetes. Will discuss ideas for others to integrate.

21. New York II **Best Practices in Clinical Supervision** - Julijana Nevland
- ACES best practices in clinical supervision will be reviewed. The following topics will be covered: initiating supervision, goal setting, giving feedback, the supervisory relationship, ethical consideration, diversity and advocacy considerations, documentation, evaluation and supervisor preparation.
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- 3:45 - 4:45 p.m.** **NDSCA Division Meeting**
- 4:30 p.m.** **Registration Closes**
- 5:00 - 6:00 p.m.** **Emerging Leaders Gathering - Liberty/Manhattan Rooms**  
Social gathering for anyone interested in leadership positions in NDCA or its divisions
- 6:00 p.m.** **Cocktail Reception (No Host Bar ) - - Galleria Ballroom**
- 6:30 p.m.** **Celebration Banquet - - Galleria Ballroom**
- 7:15 p.m.** **Program - - Galleria Ballroom**  
**Division Presentations**  
**NDCA Awards**  
**Special Guests**
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## Monday, February 13, 2017

- 7:30 a.m. Rembrandt NDACES Division Meeting
- 8:00 - 1:00 Lobby Registration
- 8:00 a.m. Ballroom Breakfast is **SERVED!** - Sponsored by the North Dakota National
- 8:00 - 4:00 Hallway Guard Exhibits
- 8:00 - 11:30 Ex. Conference Silent Auction Open

**9:00 a.m. Ballroom  
New Concepts in  
Ethics - part 1"**

**Keynote Address: "Raising the Bar: Critical  
the 2014 ACA Code of**

**Dr. David Kaplan**

The 2014 revision of the ACA Code of Ethics substantially raises the bar for the ethical practice of professional counselors. Part 1 will highlight new ethical imperatives in such areas as professional values, social media, the imposition of counselor personal values, and fee splitting

**10:50 a.m.  
refreshments**

**Break - Visit the exhibits and enjoy some**

**11:00 - 11:50**

**CONTENT SESSIONS**

22. Rembrandt  
**ACA Code**

**Raising the Bar: Critical New Concepts in the 2014  
of Ethics - Part 2** -Dr. David Kaplan

Part 2 will focus on using a comprehensive decision making model to resolve modern and complex ethical dilemmas in the areas discussed during Part 1. Participants will spend time practicing ethical decision making.

23. Wyeth/Rockwell

**Tips and Tricks in Office 365** - Jeremy Holkup

During this session you will earn tips and tricks of using your K12 Office 365 account in your school. Presenter will share many tips you may not have realized you could do with your account. You are encouraged to bring a device and your questions to this session.

24. Van Gogh  
**Articulation in**

**Making High School Count: AP/dual Credit &  
the SW Region** - Linae Bieber

Pathways for achieving post-secondary credit while in high school will be presented as currently exists in the SW region of ND. Goal is to present a clear path for students to utilize high school coursework to achieve post-secondary credit before graduation. Rationale for college and career readiness will be explored as well as techniques for career advising. Admissions standards will be presented for SW Region post-secondary institutions, including BSC, DSU, UTTC, MSU and University of Mary. Applications for other regions of the state will be given.

25. Renoir/Russell **Educating Parents: Effectively Communicating Life After High School**  
Options - Lynsey Rittenbach  
Looking for resources to assist you in effectively reaching the parents of your students when discussing the options available after graduation? Come join the conversation and take home valuable resources to debunk the “college-for-all “myth.
26. Liberty Ockert **Creativity in a Box** - Kelsie Jo Carter & Amanda  
Our focus is to provide professionals with new creative ideas to add to their sessions or classrooms. We will be discussing creative techniques, projects for clients/students, and sensory tools to have in your creative space.
27. Manhattan Johnson **Dual Credit and All the Changes** - Dan Driessen & Lisa  
Purpose of this session will be to cover a multitude of ongoing questions that counselors have regarding dual credit. Topics to be presented include: placement test changes, dual credit advisement, instructor qualification changes, transferring credits, and cover any other questions counselors have that deal with high school students enrolling into college courses.
28. New York I **Student Success Skills: The Effects of a School Counselor Led Intervention on Student Achievement and Social-Emotional Outcomes** - Katherine Harmelink  
The program will feature a discussion of the implementation of the evidence-based Student Success Skills classroom curriculum as part of a local high school’s MTSS social-emotional pathway to address the academic and social-emotional needs of at-risk students. Knowing the importance of explicit instruction related to social-emotional learning, the curriculum focuses on cognitive skills, social skills, attitudinal skills, self-management skills and behavioral skills (Brigman & Webb, 2010). The outcome data collected includes measures of social support, self-efficacy, grades and attendance.
29. New York II Bauske **Engaging Parents in Career Development** - Valerie  
Parental engagement in career development is an important piece of a successful career development program. If you are struggling with ideas to involve



feel confident in their knowledge of self-injury and their ability to best help adolescents dealing with this issue. This presentation will explore myths and fears surrounding self-injury and working with adolescents who self-injure; present factual information about self-injury, lives of adolescents who self-injure and clinical suggestions for helping youth who engage in self-injurious behaviors. Engaging and interactive presentation. If you are seeing (or have seen) students or clients who are self-injuring, this workshop is for you!

33. Van Gogh/Rem.  
**Military Families -**

**Working with Marginalized Populations in**

Timothy Pagano

Workshop will provide counselors with practical tools and activities for working with children in military families. The majority of this workshop will focus on traditionally marginalized populations of youth, specifically: LGBT and those from low socio economic statuses. Specifically this workshop will provide treatment guidelines, local and national resources, and approaches for working with the entire family unit. Differentiated approaches for when such client's experience a parent's deployment will also be presented. ND is home to 13,000 active duty and reserve members as well as 18,911 veterans under the age of 50.

34. Renoir/Russell  
Orgaard

**Creating Your Counseling Website - Alison**

Attendees of this session will be exposed to Weebly, a free website builder that counselors can use to boost communication with stakeholders and their counseling program. Counselors can bring laptops for a guided work session to start building their own site and to check out other school counseling websites across the state.

35. Liberty  
**new approach to**  
- Becky Meidinger

**Using Technology in School Counseling: A help and reach our students**

Technology is a way of life for our students. Why not help them using the mode they feel most comfortable with using? We will explore different Apps and websites that YOU can use during individual, group, and classroom lessons to help your students grow through the three domains of

School Counseling. Please bring a smartphone or tablet to this presentation so we can have hands-on experiences with this technology.

36. New York I  
Shaina Winning

**A Path Appears: Sex Trafficking Here at Home -**

It's here. It's impacting our communities, our youth and perhaps our clients. Come to learn about the whys of the sex trade. We'll watch a national independent Lens documentary that tells the stories of several women pulled into the life, the traumas that led them there, programs and people that pulled them out and what's being done in our country to combat this lucrative and damaging business. Following the film, we'll hear from local individuals involved in fighting the sex trade right here, in North Dakota, and have a discussion about how this applies to us as counselors of students and clients.

37. New York II  
Mutual Responsibility" -

**Leaving a Lasting Legacy: "Mutual Respect, Mutual Responsibility" -**

Jeff Jones

When others realize how much you genuinely care about them, they will work incredibly hard to not let You down. So what are some unique "high impact" relationship building strategies proven to dramatically promote positive results at your school?

**1:40 - 2:30 p.m.**

**CONTENT SESSIONS**

38. DaVinci  
**Informative Ideas  
Students** -Jessica Steiner

**High School Classroom Guidance: Fun and to Engage your**

Getting into the classroom at the high school level can sometimes be difficult. Whether that comes from being "stuck" behind your desk, not getting the buy-in from your teachers or administration or any other obstacle. We have created some fun, engaging guidance activities that will hopefully spark some ideas for you to use at your school.

39. Manhattan

**Pre ACT Empowering Students-** April Hansen  
PreACT empowers 10<sup>th</sup> grade students with a unique practice experience for taking the ACT test. Results give students, parents, and educators valuable PreACT test results and also show students their areas of strength and where they need to

40. Hudson  
care, types of  
plan to increase self-care.
- improve and provide useful information to make informed important high school decisions.  
**Professional Self Care** - Sara Kinney  
Session will identify the: ethical impact of self-care and develop your own self-care and develop your own

**2:40 - 3:30 p.m.**

**CONTENT SESSIONS**

41. DaVinci  
Joyce Marter and

**Collaboration for Client/Student Success -**

Jason Marotzke

It takes a village to raise a child. It can take a village to help our clients/students as well. In this session we take a look at a systematic approach of collaboration between mental health counselors and school counselors for the benefit of those we serve. We will be discussing how to approach this collaboration, what it would look like at both ends, and the benefits for the client/student.

42. Executive Conf.

**Private Practice Sharing Session**

Those in private practice will have time to share tips, tricks and information helpful to others in private practice.

43. Manhattan  
**Career**

**Using your ACT Data & Services for College & Counseling -** April Hansen

This session will review the ACT student report, ACT Profile and free counselor resources to compliment your counseling programs and help students in college and career preparation. The ACT student report is an underutilized resource for helping identify student needs and pathways to success. ACT Profile is a free college & career planning tool, and is one of many free resources available to counselors to supplement their work with students.

44. Hudson  
**Behavioral Health Tool** - Doug Herzog

**Screening, Service Planning & Referral SSPR Provide Locator**

Heartview is rolling out a tool in the Fall (2016) to help screen and assess for services and locate a provider all at one site/database.

45. Empire  
Executive Board

**College Decision-Making in ND -** DACAC-ND

DACAC-ND is a group of college admission personnel. This group plans the fall college fair circuit and have partnered with the Bank of ND to promote a college-bound culture in our state.

Capturing the students' attention in recruiting has changed over the past few years. How can we help you encourage your students to visit with college reps, make good use of their time at fairs and ultimately make positive plans for their future? We hope to have a round table discussion and come away with your suggestions, concerns and advice on how to better serve our ND students.

**3:30 - 3:50 p.m.**  
**our wonderful**  
**them for being with us.**

**BREAK - Enjoy refreshments and LAST Visit to Exhibitors! Be sure to thank**

**3:50-4:40 p.m.**

**CONTENT SESSIONS**

46. Rembrandt

**Avoiding Death by Powerpoint** - Dr. David Kaplan  
Have you ever worried that your use of PowerPoint might be unintentionally boring, distracting, or frustrating students or conference participants? Has anyone ever taught you PowerPoint presentation skills? This session presents best practices in PowerPoint gleaned from both the literature and the presenter's 300+ counseling conference and invited presentations. Come away feeling that you know how to prepare a PowerPoint presentation that truly enhances your future classroom and conference presentations

47. Picasso

**Counseling Relationship**

**Vulnerability and Empathy within the**  
Kristin Douglas and Rachel Heuchert  
What is therapeutic vulnerability? What is the connection between empathy and therapeutic vulnerability? How does the presence of these concepts impact the nature and depth of the therapeutic relationship for both counselor and client? Come join us as we explore the unique intricacies, benefits and challenges to therapeutic vulnerability, empathy, authenticity, genuineness and trust within the counseling relationship.

48. Wyeth/Rockwell  
**Standards for**

**An Overview of the Revised 2016 ASCA Ethical**

**School Counselors** - Carol Buchholz Holland  
Get an overview of the revised 2016 ASCA Ethical Standards for School Counselors. Learn about how the ASCA Ethical Standards have evolved as a

result of the ever-changing school counseling profession. Will focus on the major changes from the 2010 to 2016 Ethical Standards such as new information pertaining to appropriate referrals, risk assessments, social justice, data-informed practice, and social media. In addition, new sections in the ASCA Ethical Standards will be highlighted and discussed.

49. Van Gogh/Rem.  
Phil Leitner &

**Middle School/High School Sharing Session -**

Alyssa Caya

Session designed to share with other secondary counselors, the resources, activities, lessons, programs that have worked well for us and our students. Also designed to learn from each other; gathering new ideas, asking questions and supporting other secondary counselors, through an informal sharing session. Feel free to bring printed copies of lessons to share.

50. Renoir/Russell

**The Nicotine Trap - Kristie Wolff**

This session will cover the latest trends in the world of tobacco with a focus on emerging products and electronic cigarettes. You will gain an understanding of the health consequences of these new products including nicotine poisoning and addiction; the impact of these products on our youth and on tobacco control efforts; and proven tobacco prevention strategies and how you can be part of the solution.

51. Liberty  
Holter

**3 Cheers for Motivational Interviewing - Lisa**

Participants will gain a conceptual understanding of the processes and core skills involved in Motivational Interviewing.

52. Manhattan  
**Role of**  
Arnold

**Improving School Climate & Connectedness: The School Counselors - Trish**

The way students, teachers & parents view their school climate is a strong predictor of social, emotional, and academic outcomes. When the school climate is seen as a positive one, there are fewer behavior problems, increased academic achievement, higher self-esteem, and more commitment to school. In order to achieve a positive school climate, collaboration among stakeholders, best practice technique, effective evaluations, and useful resources are needed. In

- this session, participants will learn effective strategies to become “champions” toward improving their school climate.
53. Hudson **Because Happiness Brings Results** - Sarah Fast  
A brief overview of the 5 key elements of well-being and happiness which include positive emotion, engagements, relationships, meaning, accomplishment. Steps to take to go from a fixed mindset to a growth mindset at home and work. Steps to take to flourish every single day and to spread positive energy to others. Pushing out of our comfort zone to experience true personal and professional growth.
54. New York II **Getting Down to the Nitty Gritty: Grit and the Cultivation of a Growth Mindset in the Counseling Profession** - Rachelle Vettern, Chloe Krinke & Sue Quamme  
The unique combination of passion and persistence has become popularly known as “grit”. Understanding how grit can be encouraged by counselors with youth at school and with clients seeking mental health assistance is important; especially due to the emphasis today’s society places on “getting A’s “ or perfection. This interactive workshop will provide information on cultivating a growth-mindset, factors related to grit, neuroplasticity, current research, and how these concepts are related to therapeutic interventions and the counseling profession.

**4:45 - 5:45 p.m.**

**Division Meetings**

**NDECA - Wyeth/Rockwell Rooms**

**NDMHCA - Van Gogh/Remington Rooms**

**NDCDA - Renoir/Russell Rooms**

**5:30 - 7:00 p.m.**

**School Counselor Social (for the first 70 school counselors to sign up at registration - Sponsored by the Bank of North Dakota  
Rembrandt Room**

**Tuesday, February 14, 2017**

7:00 – 8:00 a.m.  
Ballroom

Continental Breakfast is Available - - Galleria

**8:00 - 8:50 a.m.**

**CONTENT SESSIONS**

55. Wyeth/Rockwell  
**Succeed**

**Using Books in Counseling to Help Children Learn &**

Katy Sue Tillman & Michael Prazak

Bibliotherapy is the use of books in counseling to help children understand and work through social, emotional, and behavioral issues.

Bibliotherapy is an engaging and successful approach that can easily be used in school & community settings. This workshop will introduce participants to bibliotherapy; when to use bibliotherapy, how to select appropriate books, how to keep children involved in the process, and how to accomplish and maintain therapeutic goals. This interactive presentation will focus on designing engaging & specific interventions to accomplish therapeutic goals through the use of bibliotherapy. As a bonus, one of the presenters enjoys writing fun & engaging therapeutic books for children.

56. Renoir/Russell  
**School?** - Robin Lang &

**Will you be Ready when AdvancED Visits your**  
Dotti Dixon Schmelting

We will be sharing the Program Review for School Counseling Programs in the areas of Foundation, Program Management, Delivery, Accountability & Learning Environment. Possible examples will be given, ideas will be shared, and there will be time for questions and dialogue during the session.

57. Liberty  
**Relations within your**  
Julie Kaspari

**Remind and Smore Apps to Promote Public**  
**School Counseling Program -**

We all know how important communication is to a healthy school and school counseling program. These two apps help make communication fresh, timely and appealing. This will be a working session, so bring a laptop or device. We will go through the basics of both programs and then allow you time to play in the program and set up accounts if you like.

58. Manhattan  
**are so Important**  
**a Counselor** - Becky Meidinger

**Learning from the Best: Why National Conferences**  
**to your Development as**

We all look at the prices of national conferences and wonder if they are worth the money. I am here to tell you they are! Thanks to the Emerging Leaders Grant offered by NDCA, I was able to attend the National ACA Conference in Montreal in 2016. Using the information I gathered there, we will explore the different aspects of national conferences and what you can do to make your experience a life changing event.

**9:00 - 9:50 a.m.**

**CONTENT SESSIONS**

59. Renoir/Russell  
**Video** - Jill Baird

**Connecting Students & Professionals with**

As ME is a FREE program to connect students in ND with professionals in various fields. We will talk about how this program evolved, the businesses who are talking to our students, and how to request a call. We will also have a short call with a business that students enjoy talking with.

60. Manhattan  
**School Counselors**

**The Toolbox Approach to Counseling Theories for**

Becky Meidinger

Let's face it. We do not have enough time to spend 50 minutes a week with each of our students. We need to do the most work in the shortest amount of time with the biggest impact. Solution-Focused Brief Counseling has been School Counselors' go to Counseling Theory, but how can we bring in more techniques to the counseling session? The Toolbox Approach to Counseling Theories helps school counselors use techniques from other counseling theories in a time-effective way similar to Solution-Focused Brief Counseling. Join us as we learn new ways to help our students.

**10:00 a.m. Ballroom**

**NDCA Business Meeting**

**Facets to be a Marotzke**

**Closing Keynote: "Cutting Our Counseling Brilliant Counselor" - Jason**

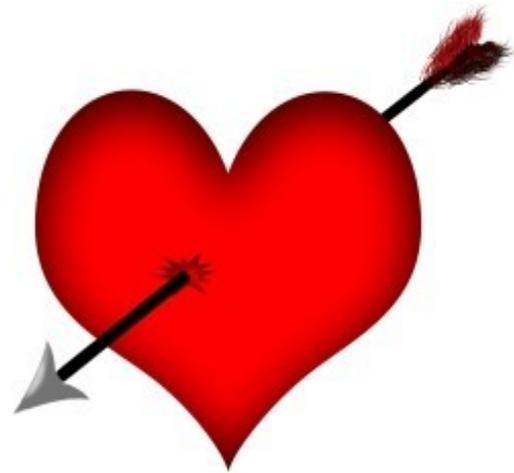
Going off the theme of this year's conference, we will be looking at what are those Facets of Counseling that can make you shine as a counselor

within your work. This will be an interactive session, where at its conclusion, you will walk away with a personalized plan for the year to shine like the Hope Diamond.

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**PLEASE LEAVE YOUR CONFERENCE EVALUATIONS  
ON THE TABLE.**

**THANK YOU FOR BEING WITH US THIS YEAR AND  
SAFE TRAVELS HOME!**



**HAPPY VALENTINE'S DAY**